

DECEMBER 2022

HEARTHSIDE & GARDENS

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AR - Activity Room
JB - Juice Bar
DR - Dining Room
AL - Activity Lounge
LB - Library

BOLD BLACK - Outings
BOLD BLUE - Live Entertainment
RED - Medical Transports
BOLD PURPLE - Special Events
BOLD ORANGE - Meetings

R - requires reservation
T - transportation is provided ** Resident Led Activity

4 11:15 Sittercise (AR) 1:00 Wii Bowling (AR) 2:00 Wine & Cheese (HSDR) 3:00 Bingo (AR)	5 11:15 Sittercise (AR) 1:00 Wii Bowling (AR) 2:00 Wine & Cheese (HSDR) 3:00 Bingo (AR)	6 AM Doctor Transports 11:00 Blackjack (AR) 1:00 Seated Yoga & Meditation (AR) 1:30 Scenic Drive R&T 3:00 Whammo (AR) 5:45 Movie Night, Miracle on 34th Street (AR)	7 8:30 Men's Breakfast R&T 11:30 Safeway/Dollar Store R&T 2:00 Wii Bowling (AR) 3:00 Bingo (AR) 3:00 Therapy Cat Visits (Fireside JB) 7:15 Door to Door Faith Baptist Youth Carolers (Hallways)	8 PM Doctor Transports 9:30 Walk Commons Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) 2:00 Flashback, Reminiscing (LB) 3:00 Whammo (AR) 5:10 Classic Country Singin' with Sid (JB)	9 11:15 Sittercise (AR) 1:00 5 Card Draw Poker (AR) 2:00 Live Music, Chris Anderson and Dad (Fairfield Fitness Room, transportation availability to be determined)	10 1:00 Bridge (AL) **
11 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	12 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	13 AM Doctor Transports 11:00 Blackjack (AR) 1:00 Seated Yoga & Meditation (AR) 1:30 Scenic Drive R&T 3:00 Whammo (AR) 3:30 Dining Out, Wally's Chowder House R&T 5:45 Movie Night, It's a Wonderful Life (AR)	14 9:30 Fred Meyer/Winco R&T 1:00 Round Table Meeting (JB) 1:00 to 2:00 - See's Candy for Sale! (Front Lobby) 2:00 Wii Bowling (AR) 3:00 Bingo (AR) 3:00 Therapy Cat Visits (Fireside JB) 6:00 Fantasy Light Bus Trip R&T	15 PM Doctor Transport 9:30 Walk South Hill Mall R&T 10:00 Seated Yoga & Meditation (AR) 1:00 Rummikub! (JB) 2:00 Flashback, Reminiscing (LB)	16 11:15 Sittercise (AR) 1:00 "These Hands", A Spa for your Hands Experience, Nail Painting and Massages (AR)	17 1:00 Bridge (AL) **
18 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	19 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	20 AM Doctor Transports 11:00 Blackjack (AR) 1:30 Scenic Drive R&T 3:00 Whammo (AR) 5:45 Movie Night, White Christmas (AR) **	21 1:00 Activity Meeting (JB) 2:00 Wii Bowling (AR) 3:00 Bingo (AR) 3:00 Therapy Cat Visits (Fireside JB)	22 PM Doctor Transport 9:30 Walk South Center Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Make Holiday Centerpieces for the Dining Room (JB) 2:00 Flashback, Reminiscing (LB)	23 11:15 Sittercise (AR) 1:00 5 Card Draw Poker (AR) 2:00 Bingo (AR)	24 1:00 Bridge (AL) **
25 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	26 11:15 Sittercise (AR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	27 AM Doctor Transports 11:00 Blackjack (AR) 1:00 Seated Yoga & Meditation (AR) 1:30 Scenic Drive R&T 3:00 Whammo (AR) 5:45 Movie Night, The Bishop's Wife (AR) **	28 11:00 Emerald Queen Casino Tacoma 1:00 Talk Soup (Gardens DR) 2:00 Wii Bowling (AR) 3:00 Bingo (AR)	29 PM Doctor Transport 9:30 Walk Super Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub! (JB) 2:00 Flashback, Reminiscing (LB) 3:30 Glitzy Cocktail Party (DR)	30 11:15 Sittercise (AR) 1:00 5 Card Draw Poker (AR) 2:00 Book Club Discussion and Drop Off (LB)	31 1:00 Bridge (AL) **

12/5 A fan favorite, **Wine & Cheese** is a lovely hour for sipping wine, enjoying tasty cheese, and catching up with neighbors and friends!

12/7 After dinner, when you're relaxing in your room, keep your ears sharp as we will have **Youth Carolers from Faith Baptist** spreading holiday cheer throughout the halls!

12/14 **See's Candies** make a perfect Holiday Gift and will be on sale in the lobby from 1:00 to 2:00!

12/29 Put on your glitz and glitter and join us for a **Special Holiday Cocktail Hour** before dinner!

